

THE KNOLLS NEWS

Sharing News of Common Interest

April 2021

Annual WKCA Membership Drive has Started - Your Form Enclosed

Membership Drive April - May, Dues only \$20 per year!

Please open this newsletter and pull out the 2021 WKCA Membership form along with a return envelope to send in your form and dues; we need you to renew your membership! The WKCA can only continue to provide the services, events and activities we all enjoy through the continued membership of our Winston Knolls residents – both owners and those renting a home in the community. **Even if you decide not to join the WKCA, please update the form and send it in, so your listing and our data base is up to date.** Be a good neighbor and please support our Association, a small price with a big return!

Winston Knolls

Winston Knolls Civic Association membership is voluntary and offered to each of our 489 homes. We sponsor civic-minded events and promote and protect the wellbeing of our neighborhood!

Website Resource for WKCA
www.wknolls.net

The Knolls News is a periodic publication of the Winston Knolls Civic Association, and is distributed free to all 489 homes in the community. Classified advertisements are free to members of the Civic Association. Business advertisements are also available for a fee. We encourage you to use our advertisers, and expect that you will do your own research before employing persons to work on your home or property. For information on any article or on WK advertising rates, please contact Tom Blume at kathandtomblume@gmail.com.

Advertising Rates:

Business card size:	\$20.00
One-fourth page:	\$35.00
One-third page:	\$45.00
One-half page:	\$60.00
One-Full page:	\$100.00



Pack 685 Virtual Blue and Gold and Arrow of Light ceremony

For those that do not know, WKCA is the Charter member for the Pack 685 and we are very proud to be associated with such a worthwhile organization. The Pack held its annual Blue and Gold Banquet on zoom in February and right after the scouts participated in the Arrow of Light ceremony at the Orange Hunt Elementary School area outside next to the parking lot. These are Cub Scouts who have completed the Webelos rank and prepare to become Boy Scouts. The award is significant in the Scouting experience, so significant it is one of the only Cub Scout badges that can be worn on the Boy Scout uniform. There are Eagle Scouts out there still representing the Arrow of Light award alongside their Eagle Scout medals. Arrow of Light is its own rank, making it a milestone in a Cub Scout's growth. * See page 3 for the Scouts' names

Are you new to the neighborhood?

If you recently have become a Winston Knolls resident or know of a new family that has moved into the neighborhood over the holidays or in the last few months, please contact a Board Member, Kathy Sherman at kjsherman3@gmail.com, or Tom Blume at kathandtomblume@gmail.com in order for us to get your information into our database.

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Dear Neighbors and Friends – the last 15 months have been unusual to say the least. I must admit, I really thought that we would have been back to normal by now, but we are getting closer. I am like you and others -- starting to get the itch to travel. My wife and I are still waiting to take a river cruise that we paid for in October 2019 -- I am sure there are other people in the same boat. The Civic Association is still being as active as we can, hopefully we can turn the corner this summer. As you have seen from the front page, our Membership Drive has started and I hope you'll be renewing your membership or starting a new membership, in order to support the WKCA. We are counting on a strong membership drive to be able to continue to ensure we are able to pay our insurance, mowing the grass (around the sign area and median & spraying for weeds), supporting the Cub Scouts and publishing the Newsletter and Directory and getting ready to start our level of activities for the neighborhood. I ask that you please fill out the enclosed insert and mail it back to the Civic Association in order to continue to provide these activities for the community. Again thanks to all who support the Civic Association; without you we would not exist!

Please Pick up behind your dog!

I am glad to see that everyone is getting out more and walking, now that the weather has gotten better. But this does bring up a most annoying issue. Bags of poop that are left on the side walk or in common areas/yards. Obviously the owners feel the need to bag the poop, but do not take it home and dispose of it. In addition, some owners feel that they can dispose of the poop bags in a neighbor's trash can that is on the road, instead of taking it home. I ask that you act responsibly and please take home the poop bags and dispose of them in your trash can.

Volunteers needed

The WKCA board is seeking volunteers to fill positions of long serving committee chairs (5/10) years who would like to turn over their role to someone new. Please contact me to learn more about the board and the role you could fill as a volunteer for the community. No prior experience is necessary and this is a great way to give back and stay in the know about our community - Call me at 703-569-2368. Positions needed are President, Vice President, Database Chairman, Neighborhood Watch Chairman, Home improvement, and Welcome Wagon.

Protect Yourself from Tax Scammers

- Every tax season, tax scammers are gearing up to impersonate the IRS to try and take advantage of you
- Phishing remains on the Internal Revenue Service (IRS) "Dirty Dozen" list of tax scams: Phishing is an illegal activity using social engineering techniques to fraudulently solicit sensitive information or install malicious software
- Scammers send emails/text messages claiming to be from the IRS and requesting that you click on a link to fill out a form
- The IRS will send the taxpayer a letter in the mail, explaining the issue, before contacting the taxpayer by phone or in person
- If the IRS decides to use a private debt collector, the taxpayer or their representative will be informed by written notice first from the IRS
- If you are unsure of who is contacting you, you can call the IRS to confirm, at 800-829-1040 or 800-829-4059 (TTY/TDD)

***The following Cub Scouts participated in the Arrow of Light ceremony in February 2021 – Congratulations!**

Den 10 "Underdog Patrol Den"

Aiden Riorden Troop 1518
Daniel Riorden Troop 1518
Colin Herrera Troop 1518
Connor Garver - Troop 1518
Max Crawford - N/A
Ryan Lavander Troop 1518

Den 12 "Dominating Ducks"

Aiden Henning Troop 1853
Corey Koopmans Troop 1518
Kaustav Panday Troop 1518
Nathan Yang N/A
Noah Moon Troop 1140

Den 11 "Running Drumsticks Den"

Liam Smith Troop 1518
Owen Fournier Troop 1518
Sam Kupsky N/A
John Popp Troop 1518

THEY NEVER THREW ANYTHING AWAY

Memories of the Great Depression by Americans Who Lived It

Ed Linz

Announcing a New Book

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The parallels to the present are ominous; an international pandemic killing nearly 700, 000 Americans, followed by a decade of booming stock markets and political turmoil...then years of unimaginable misery for so many... an era so difficult that it became known as The Great Depression. They Never Throw Anything Away provides a fascinating comparison of then and now with stories narrated by Americans who lived through the social and economic chaos of the Great Depression. 25 years ago, Ed traveled throughout the U.S. gathering stories of lives permanently altered by the economically difficult years of the 1930's. His interviews of a wide array of Americans from varying regions and social strata produce an eclectic collection of captivating memories. Each story is interspersed with anecdotal facts about the events and circumstances told during the interviews. A timeline of major events during the Great Depression is included. *** Ed will deliver a signed copy to you here in the Winston Knoll area (\$20) or stop by 9248 Rockefeller Lane**
Reviews on Amazon are most welcome!!



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**WINSTON KNOLLS CIVIC ASSOCIATION (WKCA)
VS
ROLLING VALLEY SECTION 8-D HOMEOWNERS
ASSOCIATION (WKII HOA)**

The following is a short explanation to help individuals understand the difference between the WKCA and the HOA. I am sure that you saw the HOA signs out earlier this year. The WKCA was established in 1975 as a non-profit organization to promote the common interests of the Winston Knolls community (currently 489 homes). Membership for the WKCA is purely **voluntary**. Annual dues have been a very modest **\$20.00** and you have seen in the previous pages a list of the activities/events that we provide.

The establishment of the WKII HOA (the 191 homes constituting Winston Knolls II) was mandated by Virginia law due to the fact WKII owns three parcels of common land. A description and detailed map can be found at their website, www.winstonknolls.org identifying the 191 homes and the parcels of common land. Membership is **mandatory** for these homes with the annual dues voted on by the HOA Board of Directors, presently **\$30.00**. The current President is Dennis Kurre (703-644-1261). The primary expenditures of the HOA are liability insurance for, and mowing of portions of the common land and periodic removal of trees that are identified by professionals as an unacceptable risk for falling on neighboring homes. The HOA is also responsible for declarations and covenants enforcement and home re-sale/disclosure documents. The HOA and the WKCA continually explore opportunities for joint sponsorship of activities that are consistent with their respective missions. For example, the HOA and the WKCA sponsor a spring Dumpster Day at the corner of Spur and Huntsman, providing Winston Knoll resident's disposal of trash and debris; maintains an active dialogue between the WKCA and HOA Board members for the betterment of the community; and the HOA donated a sizeable amount of funds towards the Winston Knolls sign at the corner of Huntsman and Spur.



- Plastic bags have been eliminated for disposal of yard waste.
- Paper bags or reusable containers must be used by residents and businesses.
- Board of Supervisors amended the Solid Waste Management ordinance effective March 1, 2021.
- Enforcement begins April 19, 2021.

Fairfax County is eliminating the use of plastic bags for disposing of yard waste. Instead, residents and business will use paper yard waste bags or rigid, reusable containers.

WHY THE CHANGE?

When plastic bags are shredded during the composting process, pieces of the bags often end up mixed in with the compost, which is then applied to gardens, yards and other projects. Using paper bags helps get rid of plastic pollution.

ACCEPTABLE YARD WASTE ITEMS

You can place grass and grass clippings, leaves, flowers, small prunings, straw and brush and twigs in your paper bags. Yard waste does not include soil, mulch, sod, stumps, whole trees, large branches or limbs, materials from land clearing, or home renovation projects.

WHAT YOU WILL NEED TO DO

Each year, from March through December, yard waste must be collected separately from trash. When you set out yard waste for collection, use paper yard waste bags. **Items placed in plastic bags may not be collected.** You also have the option of disposing of yard waste on your own by taking the items, in paper bags or reusable containers, to the I-66 Transfer Station or the I-95 Landfill. **Commercial yard waste loads containing plastic bags delivered after April 19 will be subject to a penalty fee of \$100/ton.**

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The Two Fundamental Concepts of Balance

I must admit that I am from the old school, not much on the “touchy feeling “ sort of thing and if you have a bad day or two – you work through it until it gets better. That’s life and you have your ups and downs. But, since I am a little older and hopefully wiser, plus with COVID-19, the pressure that we as adults and especially younger adolescents are having to deal with these days my perspective has changed somewhat. I ran across the article below and I thought it was pretty good, as it made me think. I hope the few minutes it takes you to read this -- that it also makes you think!

Healthy Minds

Balance is a term that we hear often. We are familiar with phrases such as a balanced diet, work life balance, and balance is key. Who remembers going to the park and playing on a seesaw as a child? The whole point of this game was to try to keep balanced for as long as possible, and in order to achieve this goal, you had to work together with another person. You could not balance the seesaw on your own. As adults, we are likely not spending much time on a playground seesaw. However, we can still relate to this experience in our current lives. We may find that we are balancing our own “seesaw” of tasks and sometimes try to manage this balancing act on our own, forgetting the basic principle of this beloved childhood game.

While the concept of balance can vary between individuals and situations, in order to help maintain balance in our lives, it is important to remember the value of leaning on others for support and relying on these two seemingly ordinary, yet extremely powerful concepts: consistency and acceptance.

Consistency

What do you think of when you hear this term? The same thing over and over again? Does boring come to mind? Consistency does not necessarily have to be boring and actually can bring about comfort and inspire creativity.

Are there areas of your life that you feel are not balanced? What is a goal you would like to see yourself achieve? As adults, we know that by breaking down a larger goal into smaller, more manageable parts, it is easier for us to start taking specific steps on the path towards our goal. When these steps are repeated consistently over time, this can bring about desired change. Children also thrive on consistency and often need support in creating this in their lives, whether it be their daily routines or clear behavioral expectations...or much more. Consistency creates a sense of comfort and security, and once children (and adults) have this basic need met, they are better able to direct their energy towards their relationships with others and themselves, as well as focus on higher order thinking, including problem-solving and creativity. Trying to maintain balance in various aspects of our lives can be challenging and you may consider it to be in a constant state of “work in progress.” While it can be easy to get down on yourself for not being further along in a certain area or have regret that you did not accomplish something that you wanted to on a particular day, it is important to show yourself compassion. Remember that forward progress, no matter how small, is good progress. Encouraging yourself and your children to handle expected and unexpected bumps in the road with [resiliency](#) is crucial and can be modeled for children in everyday interactions. Let’s work together to help ourselves and each other balance our “seesaws.” Our younger selves would be quite proud. If you or someone you know may be experiencing a mental health challenge or crisis, [text HOME to 741741](#) to reach a crisis counselor. [The Healthy Minds Blog](#) shares information related to youth mental health and wellness for an audience of parent, educators and community-based providers. Articles include tips and strategies for increasing wellness and resiliency, as well as fostering success at home, at school and in the community. The Healthy Minds Blog is a collaborative project between Fairfax County Public Schools and the Prevention Unit of the Fairfax County.

Spring Landscaping Tips

Spring is here and we want our neighborhood to look its best! Let’s all try to get outside this spring and make an effort to spruce up our lawns and the outside area around our houses. Below are a few suggestions to get you going.

- Clean up fallen limbs, branches and other debris around your yard.
- Pick up any leaves left over from the fall – and don’t forget the area along the street at the curb.
- Clean out your gutters and basement window wells.
- Inspect your fences, many in our neighborhood are original fences and in need of repair or replacement.
- Trim back hedges and shrubs along your sidewalks. This certainly helps the many walkers in the neighborhood.
- Rake lawn to get rid of dead growth and let air to the soil, encouraging the grass to grow.
- Transplant any existing shrubs you want to move before they begin to leaf out.
- Get your lawnmowers checked and blades sharpened.
- Cut back the previous season’s dead plant material. Cut back ornamental grasses.
- Maintain edges. Grass growth is vigorous in the early spring, so edge your flowerbeds with a sharp trench between them and the grass to keep it in bounds.



CLASSIFIED ADS

PLEASE NOTE: The information below will be removed for the next Newsletter. If you want your information posted in the next Newsletter, please complete the 2021 WKCA Membership form. In the future, if you want to add or remove your information, please contact me at kjsherman3@gmail.com

All non-business ads (For Sale, Garage Sales, Wanted, Babysitters, etc.) are free to WKCA residents – as long as membership fees are up to date. Please submit your request to kjsherman3@gmail.com

BABYSITTING:

Kailynne Landry (teen) call: 571-222-5634
Sydney Schaffer (teen) call: 703 303-6824
Grace O'Grady (teen) call: 703-913-3464
Audrey Valentine (teen) call: 703-625-7299
Amy Peterson (teen) call: 703-912-6363
Reed Gray (teen) call: 757-705-8835
TJ Brantley (teen) call: 703-451-0077
Marie Cluff (teen) call: 610-704-6087
Katharina Hines (teen) call: 571-230-2804
Teresa Hines (teen) call: 571-230-2804

PET WALKERS/SITTERS:

Kailynne Landry (teen) call: 571-222-5634
Sydney Schaffer (teen) call: 703 303-6824
Joey MacDonald (teen) call: 571-533-0003
Reed Gray (teen) call: 757-705-8835
Lauren Cluff (teen) call: 610-505-0440
Erin Burns (teen) call: 703-455-1820
Joseph Harris (teen) 202-255-3068
Sam Harris (teen) 202-255-3068
John Hines (teen) 571-230-2804

LAWNCARE/MOWING:

TJ Brantley (teen) call: 703-451-0077
Joe Burns (teen) call: 703-455-1820
Andrew Burns (teen) call: 703-455-1820

SNOW SHOVELING:

Melissa Newell (12) call: 412-295-4411

Tutor:

Ed Linz, (Adult) call: 703-577-5175 -**Physics Tutor, all level including AP.**, WKCA resident, retired FCPS Teacher, contact me at edwinrlinz@gmail.com
Heike Hines (Adult) call: 571-230-2657 - **German**
Joe Hoenscheid (Adult) call: (703) 569-3826 - **ESL, German, French, Spanish**
Angie Chang (Adult) call: 571-319-9175 - **ESL**

OTHER:

Photography: Lynse Schmidt (Adult) call: 608-397-6254, LynseMichaelPhotography.com
Seamstress/Sewing: Carol Cluff (Adult) call: 610-505-0440
Entertainment/Singing/Instrumental: Jessica Newell (15) call: 412-295-4411
Pictures/Screen Savers: Melissa Newell (12) call: 412-295-4411
Certified Health Coaches: Tony and Cheryl Bell (adults) Home: 703-417-9040, Cheryl cell: 434-316-8216

Directory / Database Update

Information for our WKCA database. You can contact me to verify your dues status. I can also send you an electronic version of the 2021 membership form you can fill in and send back to me. My email is kjsherman3@gmail.com. The WKCA membership form provides us information for the directory, residents interested in committees, and services that can be included in our classified ads section of the WKCA Newsletters.

I will be stepping down from the database and directory committee this year and am in need for someone to pick up the torch and run with it. All the data is currently stored in Excel. If you have database skills and have time to help us, please contact me kjsherman3@gmail.com or Tom Blume kathandtomblume@gmail.com -- Thank you!